



Adventures in
Senior Living

Your health is our priority

Senior Living Facilities — Assisted Living Facilities

**Covenant Presbyterian Church
 2001 N. Coalter Street, Staunton**

Adventures in Senior Living

We created this guide as a way to save you time and confusion when looking into “Senior Living” options in the SAW-Harrisonburg area. One or both of us spent time at each of the communities included here: We took the official tours, chatted with staff and residents when we could -- and even did a couple of return visits.

We then discussed/debated our findings, spent time cutting through the marketing hype and produced the following fact sheets about each facility. We’ve also included a “tour checklist,” a sheet of basic definitions and reference links.

Most important, spend time visiting: Each community is different in amenities, culture and costs.

Please remember: Prices and offerings change. (Our research was done in 2024/2025.)

We hope you find this useful as you begin your search: Please let us know how it goes. We always welcome suggestions!

Kathy Henderson, RN and Jane Wimmer
Covenant Presbyterian Church

Resources For Exploring Senior Living Options

Type “Senior Living” into any search engine and your laptop might explode: Everyone seems to have advice, recommendations, check lists you need. A word of warning: Many of these websites are advertising vehicles.

Here, a list of reputable sources for information.

<https://www.aarp.org/>

Type “continuing care,” “assisted living” or “memory care” into search box to pull up a page of helpful links.

<https://www.nia.nih.gov/>

The National Institute on Aging has astonishing amounts of scientific and empirical information available. Simply go to NIA’s home page and type “continuing care retirement communities,” “assisted living” or “memory care” into the search box to help focus your search.

Of particular interest on this page is the section labelled “Resources for finding a long-term care facility”

<https://www.naccra.com/>

This consumer-driven website offers a wealth of information about CCRC topics ranging from long-term studies to finances and residents’ rights.

<https://www.kendal-crosslands.org/blog/9-questions-ask-finances/>

Kendal-Crosslands, a reputable, Quaker-based CCRC in Pennsylvania, offers an insightful set of questions to ask about a community’s finances.

<https://www.scc.virginia.gov/>

Type “Guide to the Regulation of Continuing Care Retirement Communities in Virginia” into the State Corporation Commission’s home page search box to link to just about everything you’d want to know about how these facilities are licensed and regulated.

<https://www.dss.virginia.gov/facility/search/alf.cgi>

These websites provide information on specific problems encountered during state inspections at Assisted Living facilities. Problems noted range from unclean kitchens to resident abuse.

<https://www.vdh.virginia.gov/licensure-and-certification/>

<https://projects.propublica.org/nursing-homes/state/VA;>

Although we did not explore Nursing Homes/Rehabilitation facilities in the area, Medicare provides a great deal of helpful information.

For general information, check:

The useful “Your Guide To Choosing a Nursing Home” at:

<https://www.medicare.gov/publications/02174-your-guide-to-choosing-a-nursing-home>

Find a handy (and eye-opening) “find and compare providers” tool at:

<https://www.medicare.gov/care-compare/?providerType=NursingHome>

A couple of checklist templates from AARP and A Place for Mom:

<https://assets.aarp.org/www.aarp.org/articles/learn/sidebars/3-checklist.htm>

and

<https://img.prod.aplaceformom.com/main/uploads/lh/touring-checklists.pdf>

Senior Living Communities: Some helpful definitions

“Continuing Care Retirement Community” (CCRC) and “Life Care Community” are often used synonymously, to describe facilities that offer different levels of care within a single location. Residents usually enter the community in “independent living” houses or apartments, with the option of “moving on” into assisted living, skilled nursing or Memory Care as needed.

Generally, CCRCs charge an often-hefty entrance fee, plus monthly rent. Some offer partial refunds upon departure or death, but plans differ from community to community.

Independent Living (IL) is similar to “55+” communities: Exterior and some interior maintenance are provided; some offer meal plans and all offer varying amenities, ranging from book clubs to well-equipped wellness centers.

“Assisted Living” (AL) The Va. Dept. of Social Services, which oversees AL facilities, defines AL as “congregate residential settings that provide or coordinate personal and health services, *24-hour supervision and assistance...* for adults who are aged or infirm or have disabilities.” Residents live in handicap-friendly apartments, usually on the same campus as IL residents. AL usually includes three meals a day, transportation, housekeeping and help with daily activities. (Some charge extra for help with activities of daily living). Medicare does not cover AL, but some long-term care insurance plans do.

Memory Care residents are those with various types of dementia or other memory impairment. They live in locked units with around-the-clock care. In-unit activities and events are offered to encourage social and mental stimulation. These facilities are usually licensed guidelines for Assisted Living.

Skilled Nursing facilities (often confused with **Nursing Homes**) usually offer relatively short-term, rehabilitative care given by Registered Nurses, physicians and licensed therapists. Nursing Homes provide long-term medical care. These facilities are inspected by the Virginia Department of Health.

“A Note of Caution About Care Levels”
(from a trusted licensing inspector)

Perhaps because most CCRCs in this area are faith-based and not-for-profit, their Assisted Living and Memory Care facilities tend to offer a higher level of care than stand-alone, for-profit Assisted Living.

In Virginia, Assisted Living (AL) facilities are required to have *only a single nurse* (registered or licensed) located in the building – *every six months*. Most often, Certified Medication Aides (CMAs) administer medications. The Virginia Department of Social Services licensing requires VERY limited nursing care in AL facilities.

Memory Care facilities are 99.9 % of the time licensed as AL, meaning most care is left to CMAs, our Inspector told us.

Make sure to ASK about medical staffing at any facility you visit. How often MDs, Physician Assistants or Nurse Practitioners, RNs or LPNs are actually on site. Also ask: WHO does the hands-on care – and what sort of training they have. If you are considering Memory Care, ask how often patient checks are made, especially at night.

Senior Living Facilities

Continuing Care Retirement Communities

Bridgewater:

Bridgewater Retirement Community

Harrisonburg:

English Meadows – Harrisonburg Campus (not reviewed)

Sunnyside Retirement Community

Virginia Mennonite Retirement Community

Staunton:

AVIVA-Baldwin Park

The Legacy at North Augusta

Stuarts Draft:

Stuarts Draft Retirement Community and Christian Homes

Waynesboro:

Summit Square

AVIVA-Baldwin Park

Address: 21 and 31 Woodlee Road, Staunton 24401

Phone: 540-885-1122

Contact Person: Michelle Bradley

Web Site: <https://avivabaldwinpark.com/>

Owner: Private (for profit) corporation

AVIVA/Baldwin Park, located in Staunton’s North End, offers Independent and Assisted Living, Memory Care, and Respite Care. The 139-unit facility is one of 15 retirement communities owned by Dallas, TX- based AVIVA Corp.

All residents are private pay (Medicare and Medicaid not accepted; Long Term Care insurance accepted in Assisted Living).

Option	Independent Living	Assisted Living	Memory Care
Cost	Monthly fee: \$3,795-\$6,795; \$1,000/mo for second person; One Time Fee \$3,500, Rent is monthly with 30 day notice to vacate	Monthly fee: From \$5,399; rent is monthly with 30 day notice to vacate	Monthly fee: From \$6,399; 30 day notice to vacate
Wait List	Yes. Non-refundable, \$3,500 wait list fee. Two-bedroom and ground floor units usually require longer wait.	Yes. Non-refundable \$3,500 wait list fee. Priority granted to Independent Living residents	Yes. Non-refundable \$3,500 wait list fee. Priority granted to Independent Living residents
Fees Cover	3 meals/day; weekly housekeeping and linen; Outside/inside maintenance; Fitness center; Basic cable; All utilities except phone and internet	3 meals/day; medication management; laundry and linen service; programs and outings. Basic cable; All utilities except phone and internet	3 meals/day; medication management; 24-hour supervision; laundry/linen service; programs and outings; Basic cable; All utilities except phone and internet
Living Options	Studio, one- and two-bedroom apartments	Studio, Companion Suite and one-bedroom apartments	Studio, deluxe studio and companion suite
Medical	Health and wellness programs	Yes. Medical staff available 24/7	Yes. Medical staff available 24/7

Option	Independent Living	Assisted Living	Memory Care
Activities	Group activities every day	Group activities every day	Group activities every day
Transport	To doctors and various stores on a scheduled basis; No on-call ride service	To doctors and various stores on a scheduled basis; No on-call ride service	To doctors and various stores on a scheduled basis; No on-call ride service
Pets	Yes; under 30 lbs.; extra fee of \$30/mo or \$500 one-time fee	Same as Independent Living	Same as Independent Living
Parking	For residents and guests	For residents and guests	For guests
Misc.	High speed internet, land line phone, beauty salon for extra fee. One guest room available, \$85/night includes all meals	High speed internet, land line phone, beauty salon for extra fee. One guest room available, \$85/night includes all meals	High speed internet, land line phone, beauty salon for extra fee. One guest room available, \$85/night includes all meals

Respite Care requires a 30-day minimum and a \$1,500 deposit. Pricing by the day is available by contacting 540-885-1122. Respite care residents enjoy the same level of care as full-time residents in a furnished apartment.

Skilled Nursing Care is not available.

Bridgewater Retirement Community

Address: 302 N Second St. Bridgewater, VA 22812

Phone: 540-826-2550

Contact Person: Lisa Shickel

Website: <https://brcliving.org/>

Owner: Bridgewater Healthcare Inc.

Sponsoring Organization: Church of the Brethren

Bridgewater Retirement Community, created by the Church of the Brethren in 1965 as a “Home for the Aging,” has grown into a 93-acre Life Care Plan community of more than 500 residents living in Independent and Assisted Living, Nursing Care (Skilled Nursing Facility), and Memory Care units.

Option	Independent Living	Assisted Living	Memory Care/ Skilled Nursing
Cost	Entry fees: \$75,606 - \$635,522. Monthly fees: \$1,124 - \$3,591 for one person and \$1,458 - \$4,007 for a couple. (Cost is based on unit choice)	Median monthly fee \$8,025; No one-time fee	Monthly fee \$11,550 for single occupancy; access Medicare/Medicaid after resident exhausts their resources
Wait list	Yes; General wait list: \$150-200 non-refundable; “I am ready wait list” deposit of \$1000 is refundable	No, but independent living residents given priority.	No, but current BRC residents given priority.
Fees Cover	All maintenance; meal allowance; local transportation; most utilities in apartments; Fitness center; Cottage residents pay electricity and town fees for trash removal and water	Most Independent Living amenities plus medication management; 3 daily meals + snacks; housekeeping and laundry	Most Independent Living amenities plus medication management; 3 daily meals + snacks; housekeeping, laundry

Option	Independent Living	Assisted Living	Memory Care/ Skilled Nursing
Living Options	40 Unique floor plans, ranging from cottages and duplexes to apartment living	Organized into neighborhoods	Memory Care requires a diagnosis of dementia; organized by households of 20 residents
Medical	Participation in wellness program; on-site pharmacy	Physicians onsite; 24-hour on-site nursing support	Physicians on site; 24-hour medical personnel support
Activities	Participation in all activities; group transportation to area shopping and events	Participation in activities as tolerated	Participation in appropriate activities.
Transport	To local doctors and group activities	To local doctors and group activities	
Pets	One-time fee of \$100; Pets must be leashed when outdoors. Some breeds not allowed	Not allowed	Not allowed
Parking	For residents and guests	For residents and guests.	For guests.
Misc.	Credit Union. Beauty salon, Fitness Center, Woodworking and Art studios; stargazing pavilion; community garden; extensive walking paths. Cottage residents provide own washer/dryer	Must provide new mattress	

The Legacy at North Augusta Senior Living

Address: 1410 N. Augusta St, Staunton, VA 24401

Phone: 540-712-3362

Contact Person: Stanford Moats

Web Site: <https://www.thelegacyatnorthaugusta.org/>

Sponsoring Organization: National Lutheran Communities and Services

The Legacy is one of four not-for-profit retirement communities operated by National Lutheran Communities and Services. Located in Staunton’s North End, this facility offers Independent and Assisted Living apartments, a Memory Care unit and Respite Care. The Legacy is unusual in allowing residents to remain in their original apartment when their care needs change from Independent to Assisted Living.

Option	Independent Living	Assisted Living	Memory Care
Cost	\$2,500 onetime community fee. Monthly fees: \$5,000-\$5,900 for Studio, one- and two-bedroom apartments Monthly rental with no buy-in fees (in early 2025)	\$2,500 onetime community fee; Monthly fees: \$5,950-\$9,618 Studio, one- and two-bedroom apartments. Monthly rental with no buy-in fees; Costs determined by level of care after assessment	Monthly fee: \$9,538 for Studio; \$9,901 for one bedroom
Wait List	No	No	No
Fees Cover	3 meals per day; housekeeping and linen services; wellness and exercise programs; basic cable; Wi-Fi	3 meals per day; housekeeping and linen services; wellness and exercise programs; help with ADLs as needed.	Personalized care plan; 24 hour supervision
Living Options	Studio, one bedroom/bath; 2 bedrooms/2 baths	Studio, one bedroom/bath; 2 bedrooms/2 baths	Studio; One bedroom

Option	Independent Living	Assisted Living	Memory Care
Medical	Nurses on staff 24/7; on-site physical, occupational, speech and language rehabilitation services; veterans assistance	Nurses on staff 24/7; on-site physical and rehabilitation services	Nurses on staff 24/7; on-site physical and rehabilitation services
Activities	Worship services and Bible study; lifelong learning programs; garden tended by residents	Worship services and Bible study; wellness and exercise programs.	Daily Wellness and exercise programs; Music and Memory program
Transport	To shopping and medical appointments in Augusta and Rockingham Counties	To shopping and medical appointments in Augusta and Rockingham Counties	To shopping and medical appointments in Augusta and Rockingham Counties
Pets	50 pounds or less; resident must be capable of caring for the pet independently	50 pounds or less; resident must be capable of caring for the pet independently	No
Parking	Yes	Yes	For Guests
Misc.	Atrium Art Gallery showcases local artists; two libraries; several reading nooks; Chapel.	Respite Care services available	Physical and occupational therapy available

Stuarts Draft Retirement Community

Address: 94 Mountain Vista Drive, Stuarts Draft
 Phone: 540-540-932-3050
 Contact Person: Jon Dooley
 Web Site: <https://sdretire.com>
 Sponsoring Organization: Two local families

Stuarts Draft Community and Christian Homes, owned and operated by two local families who are onsite daily, opened in 2003. Located 15 miles south of Staunton, in the community of Stuarts Draft, the 112- unit facility is private pay only. All contracts begin with a one-year lease, subsequently switching to monthly, with 30-day notice to vacate.

Option	Independent Living	Assisted Living	Memory Care
Cost	Monthly: \$1,225-\$4,250. \$1,000 deposit required for priority waiting list	Monthly: \$4,100 - \$6,650	Not available
Wait List	Yes. Priority wait list is usually 9-12 month	Separate list; usually a 3-6 month wait; priority given to current Independent Living residents	
Fees Cover	All utilities, including internet and TV, phone, social programs, 24-hour emergency response; fitness center. Evening meals not included	3 Meals/ day and snacks; laundry and linen service; telephone access; physical and social activities; scheduled outing	
Living Options	Apartments (72) and Villas (40); floor plans on website	Private or Semi-Private Rooms; Common sitting areas	
Medical	No	On-site physician 1 day/week; CNAs onsite. Medication assistance	

Option	Independent Living	Assisted Living	Memory Care
Activities	Social and fitness groups; Sunday worship services; hymn sings; games rooms	Same as Independent Living	
Transport	Weekly bus service for shopping; no transport to doctor appointments	Weekly bus service; no transport to doctor appointments	
Pets	No extra fee; allowed only in Villas (50 lb limit)	Not allowed	
Parking	For residents and guests	For residents and guests	
Misc.	Chaplaincy service and Bible study; newspaper delivery. Beauty salon onsite	Chaplaincy service and Bible study available	

Summit Square

Address: 501 Oak Avenue, Waynesboro

Phone: 540-941-3100

Contact Person: Amanda Argenbright

Website: <https://www.sunnyside.cc/our-communities/summit-square/>

Sponsoring Organization: Sunnyside Communities

Located in the “Tree Street” section of Waynesboro, Summit Square is one of three Life Care communities founded by the Presbyterian Church in the USA (PCUSA). Opened in 1998, the facility includes 71 apartments and eight patio homes with both Independent and Assisted Living options, as well as Skilled Nursing and Memory Care units. A single application will apply to both Summit Square and sister community, Sunnyside, in Harrisonburg.

Option	Independent Living	Assisted Living	Memory Care/ Skilled Nursing
Cost	Entrance fee: \$64,580-\$339,870; Second person fee \$21,710-\$42,130; Monthly fees \$2,393-\$5,450; second person fee from \$868-\$1,521	From \$284-\$309/day; \$8,638-\$9,399/month. Second person fee \$155/day, \$4,715/month	Skilled Nursing: \$370-\$404/day; \$11,254-\$12,288/month. Memory Support: \$322/day-\$9,794/month
Wait List	Yes: \$1,175, with \$1,000 applied to entrance fee or refunded upon withdrawal. Can be a wait of 2-6 years	Independent living residents receive priority	Independent living residents receive priority
Fees Cover	Wellness Center, maintenance, standard cable TV; Apartments: weekly housekeeping, linen service, \$350 month for meals, electricity, heating and air conditioning. Extra fee: Landline phone/Internet	Private room, furnished or unfurnished; Assistance w/ADLs; 3 meals a day w/ snacks; housekeeping and laundry; mail delivered to room; wellness center; personal shopping	Furnished private room, 3 meals a day w/ snacks; 24 hour assisted care; housekeep; laundry; mail delivered to room; wellness center; personal shopping

Option	Independent Living	Assisted Living	Memory Care/ Skilled Nursing
Living Options	Studio apartments to 2 bedroom/2bath; some with patios or balcony; floor plans available on website	Private room or Deluxe Room	Memory Care: private room Nursing: Private and shared rooms
Medical	24/7 medical staff onsite but medical care is not provided to independent living residents	24/7 Licensed nurses and nursing assistants; Physical, occupational and speech therapy (as ordered by a physician)	24/7 Licensed nurses and nursing assistants; Physical, occupational and speech therapy (as ordered by a physician)
Activities	Vesper Services; planned events, programs, trips and activities; scheduled shopping trips	Vesper Services; planned events, programs, trips and activities; scheduled shopping trips	Vesper Services; planned events, programs, trips and activities; scheduled shopping trips
Transport	Free to medical appointments in Augusta County; Fee for non-local.	Free to medical appointments in Augusta County; Fee for non-local	Free to medical appointments in Augusta County; Fee for non-local.
Pets	\$16/month	\$16/month	Not allowed
Parking	Individual parking space	Individual parking space	Guests
Miscellaneous	Three restaurants onsite; beauty salon, massage therapy, dry cleaning, landline phone/internet services available for fee.	Three restaurants onsite; beauty salon, massage therapy, dry cleaning, landline phone/internet services available for fee	Beauty salon, massage therapy, dry cleaning, landline phone/internet services available for fee

Summit Square also offers Catered Living Apartments in some apartments. Entrance fees range from \$64,580 to \$197,640 and monthly fees range from \$3,046-\$4,165. Additional amenities include: three daily meals, personal laundry service, bed making. Other services available for additional fees. In early 2025, a “Rental Only” agreement – with no entrance fees, but higher monthly costs-- was added.

Sunnyside Retirement Community

Address: 3935 Sunnyside Drive, Harrisonburg 22801

Phone: 540-568-8200

Contact Person: Jennifer Holden

Website:(<https://www.sunnyside.cc/our-communities/sunnyside/>)

Sponsoring Organization: Sunnyside Communities

Located just east of Harrisonburg, Sunnyside is one of three Life Care communities founded by the Presbyterian Church in the USA (PCUSA) and is (the older, bigger) sister community to Summit Square in Waynesboro. The 150-acre campus is home to more than 500 residents in Independent and Assisted Living homes and apartments, Memory Care and Skilled Nursing.

Option	Independent Living	Assisted Living	Memory Care/ Skilled Nursing
Cost	Based upon living style choice. Entrance fees: \$62,400-\$735,675; second person fee from \$24,190-\$44,170; Monthly fees: \$1,451-\$4,060. Second person monthly fee from \$320 for any residence	Daily Fee \$273-\$292	Memory Care: \$341 per day. Skilled Nursing: \$372-\$444 per day
Wait List	Yes, cost \$1,175, with \$1,000 applied to entrance fee or refunded upon withdrawal. Can be wait of 2-3 years	Independent Living residents receive priority	Independent and Assisted Living residents receive priority
Fees Cover	Interior/Exterior maintenance; water, sewer, trash, Wellness Center and; indoor pools; standard cable TV; Fee for: -High speed internet	3 meals a day; 24 hour nursing care; help with ADL's; housekeeping/laundry	Minimal to full assistance with ADLs and meds; 3 meals/day; (with minimal to full assistance); housekeeping/laundry services

Option	Independent Living	Assisted Living	Memory Care/ Skilled Nursing
Living Options	Apartments, Garden Homes, Cottages, Villas; 29 Floor Plans included on web site	Private studios and suites, furnished/unfurnished	Private or semi-private room; furnished or unfurnished
Medical	24 hour licensed nurse on call; Nursing clinic; Pharmacy	Assistance with medications; 24/7 nursing staff; foot and nail care; Fees for: onsite dental and optometry, massage therapy	24/7 nursing staff; foot and nail care.
Activities	Health and wellness activities; JMU Lifelong Learning Institute partner; Volunteer-led thrift shop, other programs	Day trips; wellness classes; music and theater; social events; chapel and chaplain; shared living room/patio spaces; Beauty Shop	Group and individual activities
Transport	To local medical appointments; \$30/hour to medical appointments outside local area	To local medical appointments; \$30/hour to medical appointments outside local area	To local medical appointments; \$30/hour to medical appointments outside local area
Pets	Yes, 50 lb. limit	Yes, 50 lb. limit	No
Parking	For residents and guests	For residents and guests	For guests
Misc.	Three restaurants on site; Highlands apartments include electricity and a meal plan; beauty salon	Three restaurants on site but all meals and snacks provided; 62 units. Beauty salon	14 units in Memory Care; 75 units in skilled nursing

Virginia Mennonite Retirement Community

Address: 1501 Virginia Avenue Harrisonburg 22802

Phone: 540-564-3400

Contact Person: Kirsten Payne

Web Site: <https://vmrc.org/>

Sponsoring Organization: Mennonite Church

Virginia Mennonite Retirement Community, located just north of Harrisonburg and adjacent to Eastern Mennonite University's campus, is home to more than 750 residents. Facilities include four Independent Living options ranging from stand-alone cottages to studio apartments, plus Assisted Living, Memory Care and Nursing buildings organized into "neighborhoods." VMRC is unusual in its community involvement: Residents volunteer in many community organizations, and on the 40-acre campus farm that provides much of their produce.

Option	Independent Living	Assisted Living	Memory Care/ Skilled Nursing
Cost	One time entrance fee: \$116,866 - \$1,275,204, determined by residence choice. Monthly service fee: \$1,670 - \$3,559 for one person and \$2,298 - \$4,371 for two people	Priority given to Independent Living residents; others admitted if there is space; Daily fee: \$245-395, determined by level of care needed; Second person fee: \$136 per day	IL and AL residents have first preference; others when space available; Woodland Park has nine houses for Skilled Nursing (SN) and Memory Care (MC); Cost is \$297/day
Wait List	Yes; \$1,125 application fee; \$1000 refundable or applied to first month's fee	No; priority given to IL residents	No; priority given to IL and AL residents
Fees Cover	Wellness Center membership; Game and billiard room, woodworking shop; Outside maintenance; snow and trash removal; annual window washing; paid real estate taxes; appliance repair	Exterior/interior maintenance; meals; housekeeping/laundry service; medication assistance	Exterior/interior maintenance; meals; housekeeping/laundry service; medication assistance

Option	Independent Living	Assisted Living	Memory Care/ Skilled Nursing
Living Options	Four communities; apartments, cottage homes, duplex homes, townhomes	Studio apartments	Private bedroom/bath w/ shared living space
Medical	1st Choice Home available on campus	Medication help available	24 hour nursing care
Activities	Wellness Center; libraries; woodworking center; credit union onsite; many cultural programs	All campus activities	All campus activities as appropriate
Transport	Campus Shuttle Service; Municipal bus service; medical appointments in Harrisonburg and Rockingham County	Same as Independent Living	Medical appointments in Harrisonburg and Rockingham County
Pets	Allowed for no extra charge	Allowed for no extra charge	No
Parking	Reserved parking for residents	Reserved parking for residents	For guests
Misc.	Fees for: Housekeeping, laundry and dog walking; some guest rooms available; some onsite climate-controlled storage units; Cable TV, high-speed internet, telephone (included in Park Gables)	Fees for: Cable television; telephone; Incontinence supplies and service	Staff trained in memory care

Stand-alone Assisted Living Communities

Fishersville:

Birch Ridge (not reviewed)

English Meadows – Fishersville Campus (not reviewed)

The Regency at Augusta

Harrisonburg:

Bellaire at Stone Port

Staunton:

Birch Gardens of Staunton (not reviewed)

Brookdale

Bellaire At Stone Port

1684 Port Hills Drive Harrisonburg, VA 22801
540-246-0888

Contact Person: Karen Pruitt
<https://www.BellaireAtStonePort.com>

Bellaire at Stone Port is one of four assisted living facilities operated by Charlottesville-based Park Street Senior Living. (The Regency at Augusta, in Fishersville, is a sister facility.) Bellaire includes 64 Assisted Living apartments and 24 rooms in Memory Care.

	Assisted Living	Memory Care
Cost	\$5,495 (studio)-\$7,895 (2BR); \$2,000 per month for second resident. Rental is monthly, with one-time community fee (currently \$3,500). Additional levels of care (determined by individual assessment) can increase this \$350-\$2,150 per month	\$7,095- \$7,495; \$600 “Enhanced Assistance Fee” for those who need mechanized lifting assistance
Wait List	Call for information	Call for information
Fees Cover	Meals (restaurant style), housekeeping, basic cable and internet, housekeeping. On-call help with ADLs. Telephone and salon service available for a fee	Meals, laundry, medication administration, ADLs (including personal grooming), internet, cable.
Living Options	Studio, 1 and 2 BR apartments	Single rooms
Medical	Physician Asst. holds clinic Tuesdays and by appointment	24-hour supervision by licensed health/medical staff
Activities	Daily exercise; regular Bingo, board games, movies, book clubs, church services	Yes: Chaperoned outings, in-facility activities.

	Assisted Living	Memory Care
Transportation	Available Tuesdays and Thursdays	
Pets	Yes	Yes
Parking	Residents and guests	Guests
Miscellaneous	Library, Chapel, Arts & Crafts Studio, walking paths on site.	LSVT Big, an intensive, focused program of physical and occupational therapy for residents with Parkinson's Disease

BROOKDALE

1900 Hillsmere Lane Staunton, VA 24401
540-885-9500

Contact Person: Crystal Mace
<https://www.brookdale.com>

Brookdale in Staunton is one of more than 640 facilities owned by Tennessee-based Brookdale Senior Living Solutions, housing more than 60,000 residents nationwide. Living options range from Continuing Care Retirement Communities to Assisted Living and Memory Care. Brookdale of Staunton has 75 residents in Assisted Living and 20 in Memory Care.

	Assisted Living	Memory Care
Cost	From \$4610 (studio) - \$6,300 (2 BR) Rental contract is monthly, with one-time community fee of \$2,100. A la carte services (determined by assessment) available for additional fee. Private pay, but LT care ins and VA benefits accepted. Some discounts available	From \$5,757 (studio) - \$6,460 (1 BR)
Wait List	Call for information	Call for information
Fees Cover	Meals (restaurant style), housekeeping, basic cable and internet. Various concierge services available for extra fee	Meals, laundry, medication administration, ADLs (including personal grooming)
Living Options	Studio (small and large), 1 and 2 BR apartments	Studio, 1 BR apartments. Two shared rooms (available occasionally)
Medical	Regular physician visits & on call. RNs, LPNs, CNAs and/or med techs on site 24/7	24-hour supervision by licensed staff
Activities	Daily: Include daily exercise; regular Bingo, board games, movies, book clubs	Yes. Chaperoned outings, in-facility activities.

	Assisted Living	Memory Care
Transportation	Resident-scheduled through front desk	To medical appointments.
Pets	Yes	Yes
Parking	Residents and guests	Guests
Miscellaneous	Library, Chapel, Arts & Crafts Studio, walking paths on site; Guest suites available	Gerontologist on staff; Clare Bridge Dementia Program, designed to help early-stage Alzheimer's patients remain connected, aware

The Regency at Augusta

43 Pinnacle Drive Fishersville, VA 22939
540-213-4400

Contact: Anna Christian, director of sales and marketing
<https://regencysl.com>

The Regency at Augusta, located directly across the road from Augusta Health, is one of four assisted living facilities operated by Charlottesville-based Park Street Senior Living. (Bellaire at Stone Port in Harrisonburg is a sister facility.) Regency includes 57 studio and 1-bedroom units, seven Terrace apartments and 21 rooms in Memory Care.

	Assisted Living	Memory Care
Cost	\$5,500-\$7,000; \$2,000 per month extra for second resident. Rental is monthly, with a one-time community fee (\$3,500). Additional levels of care (determined by individual assessment) can add \$350-\$1,900 per month	\$6,100-\$7,400 Enhanced Assistance Fee” for those who need mechanized lifting assistance is \$600 month
Wait List	Call for information	Call for information
Fees Cover	Meals, housekeeping, weekly linen services, phone, internet, basic cable, utilities. A la carte charges for salon services, guest meals, med. administration, personal laundry services	Meals, laundry, medication administration, ADLs (including personal grooming)
Living Options	Studio, 1 BR apartments; 7 Terrace apartments	Single and companion (shared) rooms
Medical	Physician on site 3 times week; LPN, other certified aides available 24/7	Same as assisted living. Certified medical personnel in Memory Care unit 24/7
Activities	Wellness and fitness programs; church services; book clubs; arts and crafts facilities	Wellness and fitness programs; church services; arts and crafts; resident garden

	Assisted Living	Memory Care
Transportation	Local medical appointments; trip fee for longer trips.	
Pets	Yes, usually 35-lb weight limit for dogs	
Parking	Residents and guests	Guests.
Miscellaneous	On-site library; patios; walking paths	Protected outdoor space that includes gardens for residents to use



Assisted Living Checklist: Asking the Right Questions

Facility Name: _____

First Visit: _____

Second Visit: _____

Date Visited: _____

Day of Week: Mon Tue Wed Thu Fri Sat Sun

Time of Day: Morning Afternoon Evening

You may want to attach the price list for this facility for easier comparisons.

The Call		
How many living units are at the facility?	_____	
Where is the facility located?	_____	
Are different sizes and types of units available?	Yes	No
Do any units have kitchens or kitchenettes?	Yes	No
Are all the rooms private?	Yes	No
Are bathrooms private?	Yes	No
Does the facility offer special care units, such as those serving people with Alzheimer's disease?	Yes	No
Is a contract available that details all fees, services and admission and discharge policies?	Yes	No
Is there a written care plan for each resident?	Yes	No

What role does the resident have in developing the care plan?		
Are additional services available on the same campus if a resident's needs change?	Yes	No
Can residents choose their own doctors, therapists and pharmacies?	Yes	No
How does the facility bill for services?		
What happens if a resident runs out of money?		
Under what conditions would a resident have to leave the facility?		

The Visit		
Is the facility clean?	Yes	No
Is the facility cheerful?	Yes	No
Do you feel good about the facility?	Yes	No
Are stairs and hallways well lit?	Yes	No
Are exits well marked?	Yes	No
Do rooms and bathrooms have handrails and call buttons?	Yes	No
Are there safety locks on the doors and windows?	Yes	No
Are there security and fire safety systems?	Yes	No
Is there an emergency generator or alternate power source?	Yes	No

Is the floor plan logical and easy to follow?	Yes	No
Are rooms large enough for a resident's needs?	Yes	No
Are there kitchens or kitchenettes?	Yes	No
Are there enough common areas, such as dens and living rooms?	Yes	No
What special services are available (bank, café, beauty salon, etc.)?		

The Contract		
Is the contract easy to read?	Yes	No
Do you understand everything in the contract?	Yes	No
Does the contract address the following service issues?		
Does it specify all services provided by the facility? (Make note of those listed.)		
Does it include all of the services you are looking for?	Yes	No
Does it specify how frequently these services are provided?	Yes	No
Are they frequent enough for your needs?	Yes	No
Does it specify when and where meals are served?	Yes	No
Does it specify that all meals are served seven days a week?	Yes	No
Does the contract address levels of care?	Yes	No
How many levels?	_____	
Who determines which level of care a resident will receive?	_____	

What services are provided on each level?		
Are linens and laundry service provided?	Yes	No
Are transportation services provided?	Yes	No
Is there a parking fee?	Yes	No
Does the facility offer on-site worship services or transportation to off-site services?	Yes	No
Does the contract cover the following cost issues?		
Entrance fees?	Yes	No
Monthly rent?	Yes	No
Security deposits?	Yes	No
Are deposits refundable?	Yes	No
What do additional services cost?		
What health care services are included?		
What utilities are included?		
Is telephone service included? Long distance service?	Yes	No
How are rate increases or late payments handled?	Yes	No
Does the contract cover transfer and discharge policies?	Yes	No

Who can make a transfer or discharge decision?		
Is the resident's living area held open while the resident is in the hospital?	Yes	No
If so, for what cost?	<hr/>	
How much notice is given to residents who are asked to leave?	<hr/>	
Does the contract cover specific rights of the residents?		
Are pets allowed?	Yes	No
Is personal furniture allowed?	Yes	No
Does the contract deny the resident's right to bring legal action against the facility for injury, negligence or other cause?	Yes	No
Can residents come and go at will?	Yes	No
Can personal visitors come and go at will?	Yes	No

Touring Checklist: Assisted Living



When calling or visiting a prospective assisted living community, use this checklist to keep notes, compare communities, and get answers to important questions.

General Observations

- You are greeted and feel welcome
- Exits are clearly marked
- Plenty of indoor and outdoor common areas
- Areas are clean and odor-free
- Residents appear engaged and happy
- Residents appear well-groomed
- Bathrooms have accessibility features like handrails
- You're comfortable with the medical-emergency procedures
- Pet-friendly environment

Staffing

- A licensed nurse is on staff
- Staff are kind and caring to residents
- Staff call residents by name
- Staff are tenured
- Staff appear well-groomed
- Staff have experience with your specific care needs/diagnosis
- You're comfortable with the staff-to-resident ratio
- What other certified or licensed professionals are on staff, and what are their hours?

Living Units

- Private bathroom in unit
- Natural lighting is good throughout the day
- Temperature is comfortable and controllable
- Emergency call system you feel comfortable with
- You'll receive an appropriate amount of privacy
- Who will have keys to your home?

Personal Services

- Care and service assessments done prior to admission
- Assistance with activities of daily living
- Additional services available if needs change
- Outside care provider visits are coordinated
- Meals are nutritious and appealing
- Dietary accommodations are offered
- Interesting on-site and off-site activities and events
- Residents are enthusiastic about the activity schedule
- Staff-coordinated transportation is available
- Housekeeping, laundry, and linen services
- What unique therapies or services are offered?

- Who coordinates activities (staff, residents, or both)?

Finances

- Requirements for renter's insurance are clear
- There is an appeal process for dissatisfied residents
- Monthly price breakdown is clear
- All additional fees are mentioned

What sort of pricing incentives, move-in specials, or other financial programs are available?

Notes: _____

Touring Checklist: Independent Living



When calling or visiting a prospective independent living community, use this checklist to keep notes, compare communities, and get answers to important questions.

General Observations

- You are greeted and feel welcome
- Exits are clearly marked
- Available indoor and outdoor common areas
- Areas are clean and odor-free
- Residents seem to enjoy the community
- You're comfortable with the emergency procedures
- Pet-friendly environment

Staffing

- Staff are on-site
- Staff are polite to residents
- Staff appear well-groomed

What types of staff are on-site, and what are their hours?

Personal Services

- Meal services available with appealing options
- Dietary accommodations are offered
- Interesting on-site and off-site activities and events
- Staff-coordinated transportation is available
- Housekeeping, laundry, and linen services

What third-party services are offered?

Who coordinates activities (staff, residents, or both)?

Living Units

- Private bathroom in unit
- Bathroom has accessibility features like handrails
- Natural lighting is good throughout the day
- Temperature is comfortable and controllable
- Emergency call system you feel comfortable with

Who will have keys to your home?

Finances

- Requirements for renter's insurance are clear
- There is an appeal process for dissatisfied residents
- Monthly price breakdown is clear
- All additional fees are mentioned

What sort of pricing incentives, move-in specials, or other financial programs are available?

How long is the wait-list, and how are availabilities awarded? Is it first come, first served?

Notes: _____

Touring Checklist: Memory Care

When calling or visiting a prospective memory care community, use this checklist to keep notes, compare communities, and get answers to important questions.

General Observations

- You're greeted and feel welcome
- All exits and entrances are secured/supervised
- Easy-to-navigate indoor and outdoor common areas
- Outdoor areas are secured to prevent wandering
- Areas are clean and odor-free
- Residents appear engaged and content
- Residents appear well-groomed
- Bathrooms have accessibility features like handrails
- Pet-friendly environment
- You're comfortable with the medical-emergency procedures

Staffing

- Staff are licensed or certified
 - Staff are kind and caring to residents
 - Staff call residents by name
 - Staff are tenured
 - Staff appear well-groomed
 - You're comfortable with the staff-to-resident ratio
 - What specialized training in memory care do staff receive? Methods used for de-escalation?
-

Living Units

- Natural lighting is good throughout the day
 - Temperature is comfortable
 - Emergency call system you feel comfortable with
 - The right balance of privacy and safety
 - Who will have keys to the unit?
-

Personal Services

- Ongoing care assessments beginning upon admission
 - Assistance with activities of daily living
 - Outside care provider visits are coordinated
 - Meals are nutritious and appealing
 - Special dietary accommodations are provided
 - Person-centered care
 - Transportation assistance is available
 - Housekeeping, laundry, and linen services
 - What specialized memory care therapies or services are offered?
-

What specialized activities/events are available for residents with various stages of memory loss?

Finances

- Requirements for renter's insurance are clear
- There is an appeal process for dissatisfied residents
- Monthly price breakdown is clear
- All additional fees are mentioned

What sort of pricing incentives, move-in specials, or other financial programs are available?

How long is the wait-list, and how are availabilities awarded? Is it first come, first served?

Touring Checklist: Senior Living



When calling or visiting a prospective senior living community, use this checklist to keep notes, compare communities, and get answers to important questions.

General Observations

- You are greeted and feel welcome
- Exits are clearly marked
- Plenty of indoor and outdoor common areas
- Areas are clean and odor-free
- Residents appear engaged and happy
- Residents appear well-groomed
- Bathrooms have accessibility features like handrails
- You're comfortable with the medical-emergency procedures
- Pet-friendly environment

Staffing

- A licensed nurse is on staff
- Staff are kind and caring to residents
- Staff call residents by name
- Staff are tenured
- Staff appear well-groomed
- Staff have experience with your specific care needs/diagnosis
- You're comfortable with the staff-to-resident ratio

What other certified or licensed professionals are on staff, and what are their hours?

Living Units

- Private bathroom in unit
 - Natural lighting is good throughout the day
 - Temperature is comfortable and controllable
 - Emergency call system you feel comfortable with
 - You'll receive an appropriate amount of privacy
 - Who will have keys to your home?
-

Personal Services

- Care and service assessments done prior to admission
- Assistance with activities of daily living
- Additional services available if needs change
- Outside care provider visits are coordinated
- Meals are nutritious and appealing
- Dietary accommodations are offered
- Interesting on-site and off-site activities and events
- Residents are enthusiastic about the activity schedule
- Staff-coordinated transportation is available
- Housekeeping, laundry, and linen services

What unique therapies or services are offered?

Who coordinates activities (staff, residents, or both)?

Finances

- Requirements for renter's insurance are clear
- There is an appeal process for dissatisfied residents
- Monthly price breakdown is clear
- All additional fees are mentioned

What sort of pricing incentives, move-in specials, or other financial programs are available?

How long is the wait-list, and how are availabilities awarded? Is it first come, first served?
